



My Life Plan Template

Start with the end in mind.

When all is said and done and my days here on earth come to an end, I would like to be remembered in certain ways by people who are important to me. How would you like to be remembered by:

- God : _____
- Spouse : _____
- Child(ren) : _____
- Parent(s) : _____
- Friends : _____
- Co-workers : _____

How do you think they would “remember” you today?

- God : _____
- Spouse : _____
- Child(ren): _____
- Parent(s) : _____
- Friends : _____
- Co-workers : _____

Identify major gaps where how you want to be remembered is much different (worse) than how you think you actually would be remembered? Try to identify the issues that contribute to the gaps. How will you address these issues and close these gaps?

Due to the way I lived my life, I have major gaps between how I want to be remembered and how people will (check box where applicable and state what the gap is and what you need to do to close the gap):

God : _____

Spouse: _____

Child(ren) : _____

Parent(s) : _____

Friends : _____

Co-workers: _____

My priorities

What is most important to me at this time? Take some time and determine where you spend your time and money. Try to determine what the top 5 areas are in which you spend your time and money. Then confirm if these are your current priorities.

My top 5 priorities at this time are:

#1 _____

#2 _____

#3 _____

#4 _____

#5 _____

Remind yourself that with the help of God anything is possible. Spend some time and reflect on what your priorities should be. For example, if you smoke somewhere near a pack a day, you spend more than \$1,000 per year on cigarettes. Could you do something else with that money? Would God help you quit?

I want to change my life in a way that my Top 5 priorities will be as follows:

#1 _____

#2 _____

#3 _____

#4 _____

#5 _____

I plan to make adjustments in my life so my Top 5 priorities are what they should be to reflect God's will for my life. **Here are the important factors, hurdles or road blocks that I must overcome for each priority so my life reflect God's will:**

#1 _____

#2 _____

#3 _____

#4 _____

#5 _____

I will pray to God and ask for His help so I can actually make the necessary changes in my life. **With God's help I will do the following to overcome these factors, hurdles and road blocks:**

#1 _____

#2 _____

#3 _____

#4 _____

#5 _____

Take a moment and write down your desired priorities and put them in a place so you are reminded of what is most important.

Personal Inventory

Answer these questions in a big picture/general way. Setting specific goals will follow.

Current State – where am I right now? This is my starting point. Wake up each day with the notion that each day is the first day of the rest of my life.

What do I like to do? How can I do more of this (capture in plan)?

What do I dislike doing? How can I avoid or reduce these activities (capture in Plan)?

Who do I really (or should love? What relationships do I need to cultivate? Do I owe any apologies to anyone?

What skills do I plan to develop or use to advance myself in a competitive world?

What field do I plan to work in? What preparation, education, capabilities do I need to develop to work in this field?

What are my people skills? Do I get along with others? Do I have good communication skills? Am I motivated? Am I optimistic? How do others view me? What do I need to work on?

What have I accomplished in my life? What have I accomplished in my career? What do I want to accomplish in the next 5 years? Note: Additional Space is available on the next page.

Specific life accomplishments (Long-term)

Specific career accomplishments (Long-term)

My Long-term Goals - 5 Year Plan

Try to set 2 to 3 goals per category – no more than 5

Career - My Ideal Career

No	Goal Description	Action Plan – Strategy	Start Date	Completion Date
1				
2				
3				
4				
5				

Family - My Ideal Family Life

No	Goal Description	Action Plan – Strategy	Start Date	Completion Date
1				
2				
3				
4				
5				

Significant Other – My Ideal Other

No	Goal Description	Action Plan – Strategy	Start Date	Completion Date
1				
2				
3				
4				
5				

Friendships - *My Ideal Friendships*

No	Goal Description	Action Plan – Strategy	Start Date	Completion Date
1				
2				
3				
4				
5				

Fun and Recreation – *My Ideal Fun and Recreation*

No	Goal Description	Action Plan – Strategy	Start Date	Completion Date
1				
2				
3				
4				
5				

Interests Education/Skill Development - *My Ideal Interests Education/Skill Development*

No	Goal Description	Action Plan – Strategy	Start Date	Completion Date
1				
2				
3				
4				
5				

Location – *My Ideal Location or Place to Live*

No	Goal Description	Action Plan – Strategy	Start Date	Completion Date
1				
2				
3				
4				
5				

Physical Health/Exercise - *My Ideal Health / Exercise Life*

No	Goal Description	Action Plan – Strategy	Start Date	Completion Date
1				
2				
3				
4				
5				

Community - *My Ideal Community*

No	Goal Description	Action Plan – Strategy	Start Date	Completion Date
1				
2				
3				
4				
5				

Spiritual Health – *My Ideal Relationship with Jesus Christ*

No	Goal Description	Action Plan – Strategy	Start Date	Completion Date
1				
2				
3				
4				
5				

_____ (Fill in)

o	Goal Description	Action Plan – Strategy	Start Date	Completion Date
1				
2				
3				
4				
5				

_____ (Fill in)

o	Goal Description	Action Plan – Strategy	Start Date	Completion Date
1				
2				
3				
4				
5				