

## My 12 Month Plan

This is merely an example of how to complete a 12 month plan. It is highly recommended that you work with your Champion to complete your long-term plan as well as this short-term plan. Don't try to do too much as it is better to focus on less items and complete them well than it is to try to tackle too many things and have items undone or done poorly.

Please note that there is really no right way to do this. Try to adapt the process to best meet your needs. The key to a successful plan is that it is connected to your long-term plan and it moves you toward accomplishing your long-term plan. Be as specific as you can and be sure to outline completion dates so you can track your progress.

**Change each section to meet your desired needs.** Once complete, print out and post it in a place that you will see it each day.... check things off as you achieve them.

**Note: If you are not inspired into daily action then you are setting the wrong goals/intentions/plans for yourself.**

Example 12 Month Plan: (delete and change each goal or intention to meet your needs)

Key goals to achieve	
1.	Finish one self study book per month (ongoing)
2.	Lose 15 pounds by January 31st
3.	Save \$150 per month to build nest egg (ongoing)
Actions I can take for a better career and life	
1.	Work in an industry/job that I enjoy, rather than for just the money (April 1, 2012)
2.	Get High School diploma (December 15, 2011)
3.	Take a vacation (August 31, 2012)
New skills to learn	
1.	Master meditation (September 31, 2012)
2.	Learn to be laser focused in accomplishing tasks (Ongoing)
3.	Start vocational school as technician (January 15, 2011)
Issues I need to resolve	
1.	Pay off credit card debt (October 31, 2012)
2.	See my mother and re-establish relationship (February 20, 2012)
3.	Apologize to Mike and fix what I did (November 30, 2011)
Things I need to be able to work/live better.	
1.	Purchase truck (March 31, 2012)
2.	Get suitable work clothes (November 30, 2012)
3.	Read newspaper daily to know current events (ongoing)
Renew my relationship with Jesus Christ	
1.	Join church with my significant other (December 31, 2011)
2.	Join small group (January 31, 2012)